ETHEREAL CRYSTALS

It is now possible to give a powerful crystal healing, WITHOUT crystals. Through the Ethereal Crystal Attunement you gain access to a specific crystal's energy and can channel it by intention. These ethereal crystals are much stronger than those found on earth. You can place them on the body, just by pointing at a certain area of the body, and by thinking the stones name. The stone will disappear when the energy is no longer needed. Furthermore, you can create powerful gem elixirs in seconds and increase the strength in certain gemstones by 400%! An Ethereal Crystal healing can stand alone or be combined with other healing methods, such as Reiki. You are also taught distance healing and how to pass on Ethereal Crystals.

THERE ARE NINE (9) INDIVIDUAL ATTUNEMENTS! EC 1,2,3,4,5,6,7,8 & 9 in the ETHEREAL CRYSTALS modality up till now. All nine have to be taken separately.

The Attunements will be given in batches as

<table>
<thead>
<tr>
<th>Ethereal Crystals</th>
<th>To be taken down by student as EC1, EC2, EC3 separately keeping an interval of about 5 days between each.</th>
</tr>
</thead>
<tbody>
<tr>
<td>1-2-3</td>
<td></td>
</tr>
<tr>
<td>4-5-6</td>
<td>To be taken down by student as EC4, EC5, EC6 separately keeping an interval of about 5 days between each.</td>
</tr>
<tr>
<td>7-8-9</td>
<td>To be taken down by student as EC7, EC8, EC9 separately keeping an interval of about 5 days between each.</td>
</tr>
</tbody>
</table>
ETHEREAL CRYSTALS 1-2-3

You are attuned to the following stones:

AMBER
AMETHYST
AQUAMARINE
AVENTURINE
PINK BERYL (also known as MORGANITE)
BLUE LACE AGATE
BOTSWANA AGATE
GREEN CALCITE
CARNELIAN
CHRYSOCOLLA
CITRINE
CLEAR QUARTZ
DIAMOND
SINGLE TERMINATED QUARTZ CRYSTAL
EMERALD
HEMATITE
RED JASPER
MALACHITE
ROSE QUARTZ
RUBY
SODALITE
TURQUOIS

1. Healing

Simply point or touch a location and then mentally say the appropriate stones name, and the ethereal stone will then be placed.

An example: Let’s say we are going to do a healing session with 3 stones: Ruby, Rose Quartz and Citrine. We would like to place the Ruby on the Root Chakra, the Rose Quartz on the Heart Chakra and the Citrine on the Solar Plexus Chakra.

Place the Ruby by pointing with your finger (or with your mind only) on the Root Chakra and say mentally: “Ruby”. The Ruby will be instantly placed. Go on to the Solar Plexus. Point at the Solar Plexus and think: “Citrine”. Do the same with the Rose Quartz.

You can also place Ethereal Crystals in organs. You could, as an example, say mentally: “Citrine in the bladder”. The Citrine will then be placed in the bladder.

After placing stones, you can perform Reiki, massage, Aromatherapy etc., or you can choose to let the Ethereal Crystal session stand alone. The stones will disappear when no longer needed. Unlike material crystals, movement or activity cannot dislodge these.

Even though unnecessary, you can always remove the stones, just by thinking, “remove Citrine”, or “remove all stones”.

Use the same method on yourself for self-healing.
2. Distance Healing

To place an Ethereal Crystal long distance, you can use the following sentence:
“Place Citrine on (name of person)'s Solar Plexus Chakra.”
Then the stone will be placed instantly.

3. Gem Elixirs and strengthening stones

To create a gem elixir, you normally have to place a stone in water for 12-24 hours. With the Ethereal Crystal attunements, you can create powerful gem elixirs in seconds! When you have reached Ethereal Crystals 3, the elixir will become 400% stronger than when using normal gemstones. You are also able to strengthen stones.

TO CREATE A GEM ELIXIR: Pour water into a glass. Say mentally:
“Place (name of stone/stones) in the water.”
The water will then be fully charged in seconds.

TO STRENGTHEN A STONE: Get the stone you want to strengthen. Say mentally:
“Place (name of Ethereal stone) in (your stone).”
Your stone will be strengthened in seconds.

To place an Ethereal single terminated clear Quartz crystal (or a double terminated in Ethereal Crystals 4-5-6), place it as usual, and then also define which way the point will turn.
Example: “Place single terminated clear Quartz crystal on the heart chakra, with the point pointing downwards.”

Good luck!

ETHEREAL CRYSTALS 1-2-3 ATTUNEMENT

How to pass on Ethereal Crystals Attunements
It is very simple to pass on the Ethereal Crystals 1-2-3 attunements. You just ask your higher self for the attunements. You can attune several people at the same time.
Example of the attunement: (to your higher self) “I ask that (name) may be attuned in Ethereal Crystals 2”
The attunements will then start and stop after around 25 minutes.
You can pass on the Ethereal Crystal 1-2-3 only after completing the Ethereal Crystal 3 Attunement
ETHEREAL CRYSTALS 4-5-6

You are attuned to the following stones:
ALEXANDRITE
AMAZONITE
AZURITE
BLOODSTONE
GOLD CALCITE
FIRE OPAL
FLUORITE
RED GARNET
JADE
LAPIS LAZULI
MOLDAVITE
MOONSTONE
PERIDOT
PYRITE
BLUE SAPPHIRE
YELLOW SAPPHIRE
BLACK TOURMALINE
VIOLET TOURMALINE
PINK TOURMALINE
DOUBLE TERMINATED CLEAR QUARTZ CRYSTAL

ETHEREAL CRYSTALS 4- 5-6 ATTUNEMENT

How to pass on Ethereal Crystals Attunements
It is very simple to pass on the Ethereal Crystals 4-5-6 attunements.
You just ask your higher self for the attunements. You can attune several people at the same time.
Example of the attunement: (to your higher self) “I ask that (name) may be attuned in Ethereal Crystals 4”
The attunements will then start and stop after around 25 minutes.
You can pass on the Ethereal Crystal 4-5-6 only after completing the Ethereal Crystal 6 Attunement.
ETHEREAL CRYSTALS 7- 8- 9

You are attuned to the following stones:
- CHAROIT
- SUGILITH
- RHODOCHROSIT
- PYRITSUN
- PRASEM (AFRICAN JADE)
- SNOWFLAKE OBSIDIAN
- APACHE TEARS
- MOQUI MARBLES
- BOJI STONES
- TEKTITE
- CHALCEDON
- LARIMAR (ATLANTIS-STONE)
- LABRADORITE
- KUNZITE
- HELIOTROP
- CYANITE
- APOPYLLITE
- RUBY-ZOISITE
- TANSANITE

ETHEREAL CRYSTALS 7- 8- 9 ATTUNEMENT

How to pass on Ethereal Crystals Attunements
It is very simple to pass on the Ethereal Crystals 7-8-9 attunements. You just ask your higher self for the attunements. You can attune several people at the same time.
Example of the attunement: (to your higher self) “I ask that (name) may be attuned in Ethereal Crystals 4”
The attunements will then start and stop after around 25 minutes.
You can pass on the Ethereal Crystal 7-8-9 only after completing the Ethereal Crystal 9 Attunement
GEMSTONE PROPERTIES

1. Gemstones of Ethereal Crystals 1-2-3

AMBER
Amber is the fossilized resin of coniferous trees. This mineral is used for allowing the body to heal itself, absorbing and transmuting negative energy into positive energy. It is used to open and cleanse all chakras. It is said to be a stone of good luck. It was burned as incense to clear negativity. It purifies the area in which it is placed and is excellent for use in rooms where re-birthing is done. Its properties bring wisdom, balance, and patience. It self-heals drawing disease from the body, lessens stress, negativity, and depression. Aids memory and decision making.
This stone is amber in color and is clear or cloudy.

AMETHYST
This mineral provides for good spiritual cleansing and development, helping the mind to calm and dwell on higher thoughts. Used also extensively for healing in the healing arts. It is also known for protection from psychic attacks, an excellent stone for activating the crown chakra.

AQUAMARINE
This mineral is known as the stone of courage. It enhances one’s ability for rapid intellectual response. It accelerates the intellectual processes. It provides a shielding property to the Aura and subtle bodies. It helps one to attune to more spiritual levels of awareness.
This stone is light blue in color.

AVENTURINE
Aventurine is said to bring luck and adventures in love and games. It makes an individual independent and original. It has a binding and healing force, and is good for skin diseases and improving the complexion. At one time it was used to cure nearsightedness. It is helpful for the ethereal, emotional and mental bodies. Aventurine has strong healing energies, and affects the pituitary gland. It can be used for creative visualization, higher-self attunement, and is good for the muscle and nervous system. Aventurine is a good stone for artists, writers and all those of a creative nature. It brings prosperity; the green vibrations attract money.

PINK BERYL (also known as MORGANITE)
This mineral is an excellent for heart stone, which facilitates opening and release of pent up emotion, cleansing the heart and preparing it to attract and sustain love in one’s life.
This mineral is clear and pink in color.

BLUE LACE AGATE
This mineral is excellent for stimulating the crown chakra, 3rd eye and energizing the auric body. It can be used to stimulate the exploration of the unknown and to further ones quest toward the enlightened state. It also allows one to look toward the solution rather than the problem.
This mineral is blue exhibiting white circular or oval patterns.
BOTSWANA AGATE
This mineral is excellent for stimulating the crown chakra, and energizing the auric body. It can be used to stimulate the exploration of the unknown and to further one's quest toward the enlightened state. It also allows one to look toward the solution rather than the problem. This mineral is gray and pink, exhibiting white circular or oval patterns.

GREEN CALCITE
Clear Calcite is excellent for amplifying energy. It is a great stone for students as it helps sharpen learning and retention of lessons learned. It enhances decision making by letting the holder see more clearly into situations leading to happiness and good fortune. Green Calcite - eases mental and physical stress, cleanses and aids well-being.

CARNELIAN
A sacred stone of the Egyptians and the Tibetans, this energetic stone activates the lower chakras and helps the wearer to take action. This mineral is excellent for providing perceptiveness. It is a stone that will enhance the home energy, and will spread love, encouraging one to learn how to give and receive love. It is a great protector against envy, fear and rage. It brings energy and fire, enhancing physical energy and personal power and invoking joy, laughter and warmth as it opens the heart. It is a stone used to enhance the relationship between parents and children. It can be used to dispel apathy, indolence, and passivity.
Placing carnelians among other stones will cleanse the negativity from other stones. It has been used to help with period pains. Placing carnelians alongside the major meridians assist in the treatment of disorders caused by blockages of energy. This stone is opaque to clear red to orange and sometimes found with stripes running through it.

CHRYSOCOLLA
This mineral is excellent for easing emotional heartache, and gives renewed strength and balance. It produces inner strength and relieves stress. It also helps to stimulate the crown chakra to help in the alignment of the ethereal network and is excellent for meditation. This stone is blue-green in color.

CITRINE
This mineral is an excellent healing stone, also known as a healer's stone. This stone is a powerful healing stone, which absorbs negativity and never has to be cleansed. This stone is said to bring business if put in the cash box of a shop or money if carried on your person. Helps clear one’s thoughts and allows one to feel cheerful and lighthearted. This stone is golden yellow and clear.

CLEAR QUARTZ
This is among the most common of crystals, and it is among the most powerful and versatile. This mineral is excellent for amplification, storage, focusing, transfer, and transformation of energy. It can be used to
clear, heal, to attract, and to protect. Excellent for 3rd eye. This mineral is clear and glass-like to opaque white in color.

DIAMOND
Master healer. An extremely powerful stone in the removing of blockages and all emotional negativity.

SINGLE TERMINATED CLEAR QUARTZ CRYSTAL
This is among the most common of crystals, and it is among the most powerful and versatile. This mineral is excellent for amplification, storage, focusing, transfer, and transformation of energy. It can be used to clear, heal, to attract, and to protect. Excellent for 3rd eye. This mineral is clear and glass-like to opaque white in color.
(A “Single Terminated” Clear Quartz Crystal is a Quartz Crystal with one pointy and one plain end. The pointy end focuses the power of the Crystal like a laser.)

EMERALD
This mineral is excellent as a stone of successful love, it is said to provide domestic bliss, sensitivity and loyalty. It can be used to enhance the memory. It is also useful for opening the heart chakra. It is also said to bring successful consequences for legal affairs. This stone is green to light green in color.

HEMATITE
This mineral is excellent for calming and relaxing and for reducing emotional upset. It aides in sleep and is known to transform negativity. This stone is also known for its grounding and protection qualities. Good for freeing up your mind to be able to think clearly. Also good for relieving headaches. This stone is silver metallic and heavy.

RED JASPER
This mineral is excellent for protection and is known as a “Shamans” stone that transforms negativity. This stone is also known for its ability to balance the yin-yang energies and is a safe facilitator for astral traveling. This stone is orange-red and/or yellow in color.

MALACHITE
This mineral is excellent for bringing money to the holder of this stone. It is one of the oldest known healing stones as it draws out very powerfully on all levels. It is also used for healing the heart of negative relationship attachments. This mineral is forest green with darker green stripes running through it.

ROSE QUARTZ
This mineral is excellent for facilitating emotional clearing and healing. It helps a person to be more receptive to beauty and to feel loved. A lovers stone and is known as the stone of love and balance. Helps one to find unconditional love, and to heal matters of the heart. Great Heart Chakra stone. This mineral is pink in color.

RUBY
Ruby is known as a “stone of nobility”, gathering and amplifying energy
while promoting and stimulating mental concentration. It can improve one's success in controversies and disputes, encouraging gentleness and discouraging violence. It is an excellent shielding stone, protecting on all levels and safeguarding one's consciousness from psychic attack. In ancient cultures, it was used in the practice of "casting lots", to assist in the determination of resolutions and decisions. It has been used to introduce stability in one's economic status; it has been said that as long as one retains a bit of ruby, wealth will never part. It is also said to have been used to protect the wearer/carrier against unhappiness, distressing dreams, and lightening. The energy of the ruby is intense and vivid, bringing lucidity to the dream state and conveying understanding and control of the role and action of the mental state upon the physical realm. The ruby encourages one to follow bliss. It is said that ruby will light the darkness of one's life, giving birth to a spark of light which progresses throughout the body and spirit, conquering darkness on all levels. The energy can assist one in changing one's world, promoting creativity and expansiveness in awareness and manifestation. The ruby crystal has been known as the "star of purity" and the "star of fire", initiating action and assisting the Earth in receiving the full spectrum of light required for the progression of humanity toward the access of the spiritual leading to enlightenment. The ruby crystal has been used as a rod-like conductor for atmospheric electricity, providing a pathway, to the Earth and to the user, for electrical and magnetic forces. It further assists one in the conscious access of ethereal consciousness, providing a medium through which an understanding and an actualization of the healing process can be manifested. This mineral is excellent for stimulating the heart chakra, bringing spiritual wisdom, knowledge and wealth. It is an excellent shielding stone protecting on all levels. This mineral can be pink to purple to red or orange red in color.

SODALITE
This mineral is excellent for use in eliminating confusion, and to bringing out the truth. It provides for access of universal law and stimulation of the throat chakra. Encourages self-esteem. This mineral is dark blue with white and gray and black blotches.

TURQUOIS
This mineral is an excellent for opening the heart and throat chakras. It connects you to the earth and universal energies. Also it strengthens the ability to give and receive, a stone of balance, protection and love. This mineral is turquoise to greenish turquoise in color.

2. Gemstones of Ethereal Crystals 4-5-6

ALEXANDRITE
Helps the nervous system, spleen, pancreas and testicles. May be used to amplify color therapy.

AMAZONITE
This mineral provides for balancing and aligning the physical with the ethereal bodies. It is a stone of balance, balancing the male/female energies. It soothes nerves and dispels both irritating and negative energy. It helps to rejuvenate the heart centers and the throat chakra areas. This stone is turquoise in color with white/gray stripes occasionally.
AZURITE
A natural blue copper carbonate. The Azurite is said to be an aid to psychic development and is a very powerful stone. Also aids meditation. Relates to penetrating through your deepest fear in the subconscious. It is used as a general healing stone. Relieves arthritis and joint disabilities. Reduces hip joint pain.

BLOODSTONE
This stone strengthens your immune system and keeps it alert and responsive to your body’s needs. Bloodstone’s energy empowers certain microorganisms in your bloodstream that are vital to optimal immune function. This empowerment uplifts the overall quality of your body’s energy, making your body an incompatible environment for infections of all kinds. Bloodstone also removes burdens from your immune system as it facilitates the removal of toxins from your body and enhances your cells’ absorption of nutrients. This mineral is excellent as a healing stone and is called the stone of courage. It can be used to awaken the base, navel, sacral and heart chakras. It is also centering and grounding for the heart chakra. It provides a revitalization of love, relationships and friendships. This crystal is mostly green with tiny spots of red that look like blood.

GOLD CALCITE
Carries the golden healing ray. Gives comfort, helps cheer depression. Good for most of what ails you!

FIRE OPAL
Helps fight fatigue, increases pleasure in life, stimulates creativity, management and invention, and helps food disorders.

FLUORITE
This mineral is excellent for opening inner doors of perception, to yourself and others around you. It is known for absorbing anger and negativity holding it in until the crystal breaks. A great companion for your computer, also is very grounding. This stone is found in green, yellow, blue, and purple or in combination with all.

RED GARNET
This mineral is excellent for health, extracting negative energy from the chakras. It is a stone of commitment to purpose- to self- to others. Garnet reflects the attributes of warmth and understanding. The garnet stimulates the development and movement of the kundalini.

JADE
Jade is the prince of peace and tranquillity. It acts quietly as a consciousness raiser of human development. It dispels negativity by the constant emission of soothing and cleaning vibrations. It is said that jade is not from the Earth, but is a mutation from a planet outside this solar system. Jade can never harm anyone wearing it, for it does not absorb negative attributes of any nature. It is said to prolong life, protect one from accidents, and quiet inner restlessness. Jade is a soothing green color. It is an avocado green gem, with darker mottled flecks of green in it.

LAPIS LAZULI
“The key to unlocking the mysteries of the Universe”—Edgar Cayce
This mineral is known for being a symbol of power and royalty since ancient times. It is also known for its ability as a mental and spiritual cleanser and opener of the 3rd eye. Draws the mind inward to its own source of power. This stone is light blue to azure with specks of pyrite in the matrix.

**MOLDAVITE**
Small glassy (translucent) greeny stone believed to be associated with meteorites. Eases epilepsy, brain imbalances and malfunctions and autism, particularly if brought on by excessive sensitivity. Assists conscious communication with star-seed sources and is a healing balm for the deep longing - and heartfelt yearning - of many people to “go home”. Moldavite also helps one to understand one’s true purpose in life. A stone for transformation.

**MOONSTONE**
Moonstone is an opalescent feldspar. It is claimed to promote long life and happiness and is said to attract friendship and loyalty towards the wearer. It acts as a mediator between mind and emotions and allows peace of mind and accessibility to one’s inner self. Helps soothe and balance emotion. In healing terms, it is often used to reduce excess fluid in the body and to reduce the swelling caused by this fluid. Used in women suffering from pre-menstrual tension. Gives inspiration, encourages personal attachments. Helps obtain humanitarian love, romance and sensitivity. Moonstone is excellent for protection while traveling it is known as the “Travelers” stone. It is a stone of the feminine, the goddess and brings balance and nurturing energy to the holder. It is also helpful for fertility, and brings new beginnings, calmness and comfort to couples. This mineral is opaque white to green to orange.

**PERIDOT**
This mineral is excellent for healing. Also this mineral emits a friendly energy, it can be used to cleanse the heart and solar plexus chakras. It provides a shield of protection around the body. This mineral is translucent green in color.

**PYRITE**
This mineral provides for balancing and equalizing. It helps to match frequencies with others from higher or lower vibrational levels. Grounding stone. Called fools gold. Also can be used for protection. This stone is gold in color and looks like gold.

**BLUE SAPPHIRE**

**YELLOW SAPPHIRE**
Enhances intellect, study, knowledge and memory.

**BLACK TOURMALINE**
This mineral is excellent for providing a bridge between spirit and matter, helping to bring balance. Black T. deflects negativity for protection.

**VIOLET TOURMALINE**
Brings peace and calm communication.
PINK TOURMALINE
Giver of love, heart healer.

DOUBLE TERMINATED CLEAR QUARTZ CRYSTAL
DT Quartz is multifunctional; energy moves from both ends concurrently. They have the capacity to draw or transmit energy in both directions. These are excellent for astral travel and for dream work. They can be used for protection and to build and maintain an energy shield. They transform negative to positive. Clear to opaque in color with points on both sides.

3. Gemstones of Ethereal Crystals 7-8-9

CHAROIT
Accelerates spiritual growth and transformation, clears emotional and mental blocks, enhances self esteem, intuition, relaxation and meditation. May assist with asthma, bronchitis, heart, aches and pains and headaches.
A high frequency stone which aids the wearer in walking their dharma, their path of service in this lifetime. It instills a sense of peace and harmony with the divine flow of life and destiny. Charoit is a stone of spiritual transformation, allowing us to understand and heal the lessons we have brought upon ourselves and opening us to see the god in others and to recognize our connection with the All.

SUGILITH
Assists in connecting the spiritual to the physical. It stimulates the crown chakra and aids in opens all the chakras and allows for the movement of Kundalini energy. It enhances belief in self, eliminating hostility, anger and other negativity, and provides loving comfort from the Universe. It aids in understanding of the spiritual reasons for the lessons we encounter, helping us to follow our dreams and to become our higher selves. It is a wonderful stone for meditation and dreaming and helps us to manifest the love of the Universe into the earth plane.

RHODOCHROSIT
Energizing the heart chakra, rhodochrosite promotes unconditional love. It helps to heal emotional wounds, bringing acceptance and integration. Bringing clarity it opens the wearer to joy, curiosity and a sense of wonder.

PYRITSUN
PRASEM („AFRICAN JADE“)

SNOWFLAKE OBSIDIAN
This mineral is said to sharpen external and internal vision, and is known to be excellent for dispelling negativity and is used for protection from psychic attack and other negativity.
This mineral is black/or with white snowflakes.

“APACHE TEARS”
This mineral is said to be excellent for sharpening external and internal vision and used for vision quests. It is also known for use in protection from psychic attacks, and is excellent for dispelling negativity. It is also used for comfort in times of grief it helps you to understand and helps provide insight and acceptance.
This stone is clear/black in color.

MOQUI MARBLES
Also known as the Shaman’s Stone. The Shaman would throw these into the sacred fires and they would explode. These are used for healing and balancing. Also known as Mochi Balls or Mochi Marbles. These strange ironstone concretions are found at the base of the Navajo Sandstone formation and come in sizes from small marbles to baseball sizes. Moqui Balls have been used for centuries by the shamanic tribes of the continents. Although newly discovered in the United States, the Moqui have been found on several continents in the ancient archaeological excavations. They are recommended to the user of both the ancient ways and the future ways. Moqui Balls can be used to align the energy centers, to relieve energy blockages, to stimulate the CHI, to ground and center, and to provide protection. Grinding with two Moqui Balls promotes receptivity to frequencies which are usually inaudible. The journey with the Moqui balls allow one to live to the fullest, while understanding the sanctity of, and performing healing for the earth. Moqui Balls need no special care, they are lovely to hold and act to protect when placed in ones environments, the energy being like a good friend. Manifested by nature, enjoyed by mankind, the Moqui Balls brings the synthesis of the male/female duality, and the actualization of singularity, allowing one to recognize the self, and the independence and liberty of ones nature. Moqui Balls are said to have been used for contact with the extra-terrestrial, for visioning, and for journeying, they were sacred among the shamanic members of the ancient tribes. Harvesting these stones have been greatly curtailed. Native American reservations and United States National Parks prevent further mining of these special stones.

BOJI STONES
This mineral is excellent for aligning all of the subtle bodies and both balances and aligns the chakras. It is useful for the removal of energy blockages, while cleaning and charging the aura. Also used to align the yin/yang energy within ones physical body. It is an excellent grounding stone.

This stone is rust/brown in color and round in shape, some are smooth (females), some are bumpy (males).

TEKTITE
Tektite is a type of natural glass, chemically and structurally unique, of meteoric origin. Tektites usually have a heavily pitted surface. Many have the appearance of being stretched while in a molten state. They appear black, but when held up to the light, you can sometimes see a golden tint in translucent areas around the edges. This stone has banishing properties, eliminates bad energies, assists one in attaining knowledge and learning lessons throughout the travels of life. Balances the feminine/masculine, provides insight, strengthens one’s energy field. Can stimulate thought transmissions.

CHALCEDON
LARIMAR („ATLANTIS-STONE“)

LABRADORITE
This is an unusual stone filled with iridescence and rainbows which are only appreciated when the stone is held up to the light. This is thought to be a stone of mystery and magic, facilitating psychic development especially when placed on the third eye. This is an excellent stone to facilitate the journey into the unconscious and to other realms helping us to translate the knowledge gained on these voyages into every day reality. It is also said to bring other worldly knowledge into the human
plane of existence. It is useful to stimulate brain activity, reduce anxiety & enhance digestion. Labradorite is said to be as useful to the physical eyes as it is to the third eye. Its distinctive flash of iridescent colors is known as „labradorescence.“ These beautiful flashes of color change according to the angle of light refraction, and may be somewhat metallic tints of blue, green, yellow, and pink, with the majority of the stone itself a dark gray in color.

KUNZITE
HELIOTROP
CYANITE
APOPHYLLITE

Apophyllites a silica oxide as is quartz crystal but has grown in tetra or four sided growth structures rather than six sided as that of quartz. The natural pyramids are perfect for all kinds of uses from Laying on of stones to feng shui. The Apophyllite brings a bright and joyous energy to the environment where it is placed and helps fight depression. When worked with it can help the individual to charge the energy centres of the body and bring abundance of bright white light into the mind promoting joy and happiness. Apophyllite can be used to promote astral projection and protect you during the journey, allowing you to remember the lessons learned and the knowledge gathered during the out of body experience. This mineral aids the opening of the crown chakra to allow the universal energies to come into the body. It is good for headaches and, placed on the painful place, will ease the suffering. It will also soothe sore eyes and clear the vision. Clear, white, light green striated crystals. Very powerful for deep, peaceful stillness and alpha state/meditation/dream recall. Clairvoyance, out of body travel, etc. Green is most powerful: Heals and brings joyous openness to the heart CTR. as it opens the brow and crown chakras. Clears mental fuzziness and channels for with higher-self + angelic realm contact. Helps see truth for growth. This mineral has been used to create a conscious connection between the physical form and the spiritual realm. It has been used to facilitate Astral Travel and allows one to see into the future. It also can be used to stimulate and enhance one's intuitive visions. Can be used as a “Star Gate” to transverse universes. This stone is clear to white to pink and green in color.

RUBY-ZOISITE
TANSANITE